

## JANUARY PRO TIP

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Winter is finally upon us here at Crystal Falls! Here are a few tips/reminders to play your best possible game during colder temperatures.

- Dress in layers, you can always shed layers but cannot always add them!
- Walk when you play to stay warm and keep the blood flowing.
- Try using a lower compression golf ball.
- Play smarter and adjust your game for less distance by taking more club and adding loft.
- Always keep your clubs clean for the most consistent results. Keep golf balls warm for better performance in the cold conditions.
- Focus on flexibility, hydration, and playing by winter rules to manage course conditions, and consider indoor practice to maintain your skills.
  - **Winter Rules:** AKA “Preferred Lies,” are temporary local rules, often from October to April, allowing players to improve their lie in closely mown areas (fairways/aprons) due to wet, muddy conditions by lifting, cleaning, and placing their ball within a defined area (e.g., scorecard length) for a better lie, preventing excessive course damage and improving playability.