



Catta Talk



CATTA VERDERA COUNTRY CLUB



JULY 2025



Clint Bassett, PGA
General Manager

FROM YOUR PGA GENERAL MANAGER

Hello Catta Members,

As the summer sun settles in and we turn the calendar to July, we find ourselves in the heart of our season. A time filled with patriotism, camaraderie, and plenty of reasons to celebrate here at Catta Verdera.

We begin this month honoring America's birthday in true club fashion as we pack our menu with drink and food specials through the weekend.

While we know that many of our members migrate away to "cooler" climates around this time, we will make sure that all of you who choose to spend the holiday at home with us will have plenty to celebrate. There's nothing quite like spending the Fourth surrounded by friends, family, and fellow members.

On the course, our calendar is packed with more marquee events. The always-popular Men's Ryder Cup returns on July 12th & 13th, bringing with it the competitive fire and friendly rivalries we all look forward to each year. Team pride will be on the line as our gentlemen battle it out for bragging rights. Which side are you rooting for? Team Red? Or will it be Team Blue?

On the women's side, we are thrilled to host our Senior Invitational, a celebration of experience, skill, and the deep friendships forged over years of shared rounds. This event is always a highlight of our season and a testament to the vibrant community our women's golf group has built. This event will be held on Thursday the 17th.

Off the course, July also brings a full slate of social gatherings and family fun. From live music under the stars, to Bourbon tasting and Cigars, to our second Junior Golf Camp and more. Whether you're here for the golf, the friendships, or just to soak in the summer ambiance, there's something for everyone this month.

As always, thank you for being a part of what makes Catta Verdera so special. Here's to a month of celebration, friendly competitions, and unforgettable memories.



[Click Here](#)

to view the Catta Verdera Women's Golfers monthly newsletter from Sasha Macktinger.





Dain Ebright, PGA
Head Golf Professional

Golf Department

FROM YOUR HEAD GOLF PROFESSIONAL

This month for your Golf Piece I'd like to take you on a new direction. First, I'll announce an exciting new opportunity for our Junior Golfers, and second, I want to highlight an important topic on game improvement that should benefit everyone.

◆ Let's begin with the big announcement that we are starting the PGA Junior League!

This is a team-oriented golf program for kids aged 17 and under, offering a fun, social, and inclusive environment for learning and playing the game. It utilizes a scramble format, where teams compete against each other, and PGA/LPGA Professionals serve as coaches. The league emphasizes team play, sportsmanship, and skill development in a less stressful setting than traditional stroke play.

The PGA Jr. league fosters a fun and social environment, with team jerseys, friendly competition, and opportunities to make new friends. While the scramble format reduces pressure, players still develop important golf skills, strategic thinking, and sportsmanship.

PGA Junior League typically has two age divisions: 13 and under, and 17 and under. Click the link to learn more www.pgajrleague.com. We will open registration July 3rd, with an expected kick-off date of September 1st. Please email [TJ Orban](mailto:TJ.Orban) for specifics.

◆ Second, I want to help everyone with a quick tip on how to handle pressure on the golf course.

Here is the scenario: You feel pressure when faced with a golf shot that will make the difference in a match or allow you to shoot a low score. You fail. You hit it fat. You hit it right. You hit it left. You hit it so poorly you do not even recognize your own swing. It can happen to all of us.

What is happening here?

Mental pressure significantly impacts your swing, often leading to tension, inconsistency, and poor performance. High pressure situations can trigger a "fight or flight" response, causing physiological changes that interfere with your ability to execute a smooth and controlled swing. Managing pressure through mental strategies is crucial for maintaining a consistent and effective swing under pressure.

Under pressure, we tend to tense up, leading to increased muscle stiffness and a loss of fluidity in the swing. This can result in a jerky, less powerful swing, and reduced accuracy.

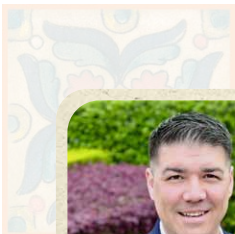
So that is what pressure does to us.

What can we do about it?

On the course, utilize a consistent pre-shot and post-shot routine. A consistent routine can help you stay focused and composed, providing a sense of control and grounding you in the present moment. Make the routine your own. It should take the same amount of time, every time. This is especially important when putting. Your routine should take the same amount of time regardless of the importance or length of the putt. We often rush through our routine on short putts, leading to costly misses.

Off the course, adopt a practice routine that incorporates pressure into the process. Simulating pressure situations during practice can help you develop mental resilience to cope with the demands of competition. The small tinges of pressure felt when challenging yourself in game-like practice will make the pressure felt on the course seem more normal. Incorporate games into your practice, set goals, and push yourself to achieve them.

So, let's get ready for July, and get ready for the PGA Junior League, and a less stressful round of golf at Catta Verdera!



Kyle Hundley
Director of F&B

Food & Beverage

FROM YOUR DIRECTOR OF F&B

We've been getting a lot of feedback lately about Tunes on the Terrace, and we appreciate every bit of it. Members have noticed the talent, the energy, and sometimes the occasional miss. We're working to keep raising the bar, and part of that means making changes along the way. We've already cancelled a few groups that didn't quite fit and added new bands, including some you've enjoyed in the past.

We also want to keep Quixote's menu prices as low as possible and avoid charging a cover for Tunes nights. And hey, if everyone eats and drinks twice as much, maybe we can bring in a band that's twice as good...

Regarding reservations on Tunes nights, we currently allow them for special occasions. However, lately there have been a lot of "special occasions." While we plan to keep this policy for now, we're considering moving to a reservation-only system to better manage seating and service. We'd love to hear your thoughts. Would you prefer Tunes nights to be reservation-only, or do you enjoy the current format?

◆ July Events

- **Independence Day Specials in Quixote's** – Saturday, July 5th - Festive food and drink specials all day in Quixote's to celebrate Independence Day.
- **Thursdate** – Thursday, July 10th - Our monthly four-course dinner in Madelena's, perfect for date night or catching up with friends.
- **Cooking Class** – Friday, July 18th - Get hands-on in the kitchen and bring home new skills and recipes.
- **Brunch Bingo** – Sunday, July 27th - A lively brunch with bingo, prizes, and plenty of mimosas.
- **Weekly Favorites**
 - ◆ **Taco Tuesday:** Every Tuesday from 4 PM to 8 PM in Quixote's
 - ◆ **Tunes on the Terrace:** Every Thursday from 5:30 PM to 8:30 PM

Thank you for your support and for helping us keep the summer energy alive at the club.



ADVISORY COMMITTEE – NEWS & NOTES

At our June Advisory Committee meeting, we once again covered a wide range of topics centered around upholding the standards and experiences that make Catta Verdera so special for all members. Here are just a few takeaways from that meeting:



◆ **Dress Code – Tucked or Untucked?**

We had a productive discussion about the club's dress code and the ongoing conversation around whether shirts should be tucked or untucked. As golf fashion continues to evolve, so too does our approach to dress code at Catta Verdera. While we still value and uphold a neat, respectful appearance across the property, we're comfortable with untucked shirts, so long as they are designed to be worn that way.

Specifically, shirts with a straight, hemmed bottom (often referred to as "golf casual" or "resort-style" shirts) are acceptable to be worn untucked. These garments are intentionally styled for a polished look, even when untucked, and are widely recognized as appropriate attire at private clubs across the country.

However, traditional golf shirts with a rounded or extended tail, which are clearly meant to be tucked in, should continue to be worn as intended.

Our goal is to balance tradition with modern comfort, while maintaining a consistent and elevated standard throughout the club.

◆ **Dogs on the Patios**

As much as we love our four-legged companions, the committee has received multiple concerns regarding dogs on the clubhouse patio during food service hours. For the comfort and safety of all members, we're reviewing how best to balance pet-friendly moments with health and service considerations. Please stay tuned for potential policy updates.

◆ **Tunes on the Terrace – Table Reservations & Communication**

Tunes on the Terrace continues to be a hit, but concerns were raised about tables being informally "reserved" in advance of the event, which disrupts the fair and casual nature of the evening. Kyle and his team will be addressing this moving forward.

We also discussed improving communication around music genres featured each week. We may be including a short note in our weekly newsletter and event reminders highlighting the style of music, whether it's classic rock, jazz, country, or pop so you can better plan your evening out. We also discussed providing a link to past performances by these artists. Stay tuned...

As always, the goal of this committee is to bring relevant issues to the attention of Club Management, and to work through the best possible course of action in addressing these issues. I encourage everyone to communicate with our committee members to gain even more details related to all topics discussed in prior meetings. I also remind everyone that if you have a topic that you feel needs to be added to our agenda, email me or a member of our Advisory Committee so that it can be included in our discussions.

2025-2026 Committee Members:

- | | |
|-----------------|--------------------|
| ◆ Ellen Grivna | ◆ Sasha Macktinger |
| ◆ Sean Harrigan | ◆ Matt Morgan |
| ◆ Dena Lumbirt | ◆ Kris Palmer |

Email contacts for each Advisory Committee Member can be found on our Member's Website Page under the "Committee" tab.



FROM YOUR PGA DIRECTOR OF INSTRUCTION

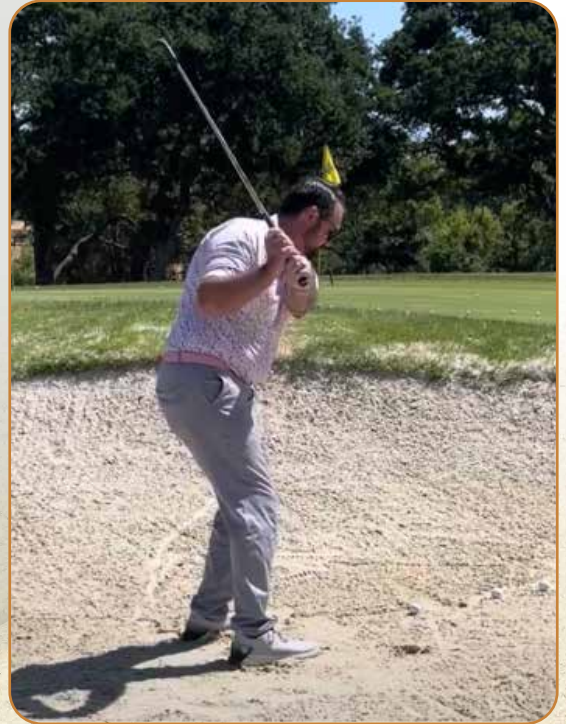


T.J. Orban, PGA
Director of Instruction

This month T.J. offers us a quick tip on how to handle those challenging Greenside Bunkers!

Click [HERE](#) to view this informative lesson.

To book a lesson with T. J. contact him at torban@cattaverdera.com.



THE LESSON VAULT – WITH PGA PROFESSIONAL FRANKLYN RICHARDS

Franklyn continues to help golfers around the world with his unlimited knowledge of the golf swing. As you watch these stories from Franklyn's very own YouTube channel, don't forget to send him a question about your swing, and begin to play better golf immediately.

To view this week's playlist on Pace of Play click [HERE](#).

To schedule a lesson with Franklyn here at Catta Verdera, please email him at britishpga@gmail.com or call the Golf Shop at 916.645.7200



CATTA VERDERA PRESENTS

Thurs-Date

Thursday, July 10, 2025

5:30pm Doors Open
6:00pm Dinner

\$125 Per Couple

Includes a 4 Course Dinner
+ a Bottle of Wine

Featured Entrees:
Trout & T-Bone Steak

FULL MENU COMING SOON!

RSVP ON FORETEES | 48-HOUR CANCELLATION

Happy Birthday



HAPPY JULY BIRTHDAYS!

Please join us in wishing our members a Happy Birthday!

Tawnya Ashby

Scott Bennett

Candace Carlson

Clyde Colley

Ken Daley

Rick Domenick

Chris Donaldson

Kenneth Elkington

Todd Ferreira

Nicholas Florendo

Kevin Fontes

Giancarlo Foti

Robert Geissler

Chris Gohl

Paula Zenoni

Jack Goodwin

Sharon Hegseth

Joyce Kinton

Curtis Koepke

David Lane

Jason Macktinger

Frank McNally

Alexander Medina

Andrew Moore

Ivan Nepomuceno

George Olcomendy

Wes Owsley

James Parker

Heath Paulat

Keith Perrine

Don Price

Randy Renfro

Kay Rho

Steven Sarantis

Fred Schifferle

Jeff Sousa

Zach Storment

Matthew Thomas

Alisa Van Meter

Taylor Vanderbeek

Greg Vaughn

Tim Wat

Kevin Wyatt

“The more you praise and celebrate your life, the more there is in life to celebrate.”





**Jogi Choung, GCSAA
Superintendent**

FROM YOUR GCSAA COURSE SUPERINTENDENT

For July, we completed some major progress on our course as we continue our efforts to improve playability and aesthetics during peak season.

I am happy to report that the re-sodding of the #7 and #17 tee boxes is now finished. These heavily used areas have been completely refreshed with new turf, and we'll be monitoring them closely to ensure they root in properly and are ready for consistent play. Thank you for your patience while we brought these tees back up to the standards that we all expect.

With that work behind us, our attention has now shifted to the #4 tee complex, where similar re-sodding and leveling efforts will begin. This hole will benefit greatly from the same turf improvements, and we're confident you all will feel the difference.

Additionally, you will soon notice fresh new sod in front of the first green. This will be installed to improve both the visual presentation and playability of approach shots that come up just short. It will be a subtle but important upgrade that will help with consistency in turf quality in an area that struggles with wind movement and sunlight.

As always, I appreciate your cooperation in respecting these temporary closures and roped-off areas, it makes a real difference in the success of our projects. The course is in great shape heading into the heart of summer, and we're proud of the progress being made and all the work my team does.

Always remember to replace your divot, rake a bunker, and fix multiple ball marks.

July 2025

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3 TUNES on the Terrace	4 4th of July BBQ Kids Hot Dog Eating Contest	5 Men's Team Play
6 Couple's Golf Night	7	8 Junior Camp Advisory Committee	9 Junior Camp	10 TUNES on the Terrace Thurs-Dates in Madelena's Junior Camp	11	12 CVMC Ryder Cup
13 CVMC Ryder Cup	14	15 Tee It Up Tuesday	16 Men's Golf Day	17 TUNES on the Terrace CVWG Guest Day	18 Cooking Class at Catta	19 Men's Team Play
20	21	22	23 CVMC Shotgun Golf Catta Book Club	24 TUNES on the Terrace	25	26 Divas & Cougars Men's Team Play
27 Bingo Brunch	28	29	30	31 TUNES on the Terrace Women's River Valley Team Play		

Coming in August...

- Every Thursday
Tunes on the Terrace
- Friday, August 1st
CVMC Friday Golf
- August 5th - 7th
Junior Golf Camp
- Wednesday, August 6th
Ladies' Night
- Sunday, August 10th
Couple's Golf Night
- Tuesday, August 12th
Tee it Up
- Tuesday, August 12th
Advisory Committee Meeting
- Wednesday, August 13th
CVMC Afternoon Shotgun
- Thursday, August 14th
Thurs-Date Night in Madelena's
- Friday, August 15th
Cocktail Class
- Saturday, August 16th
CVWG Shotgun Golf
- August 19th - 20th
Sr. Club Championship
- Friday, August 22nd
Grgich Hills Wine Dinner



**CATTA
VERDERA**
COUNTRY CLUB

Where everyone wants to be.

PHONE NUMBERS

- Clubhouse - 916.645.7200
- Fax 916.645.6729
- Membership 916.645.6745
- Events 916.645.6722
- Quixote's 916.645.6742