



Catta Talk

CATTA VERDERA COUNTRY CLUB

OCTOBER 2025



Clint Bassett, PGA
General Manager

FROM YOUR PGA GENERAL MANAGER

Hello Catta Members,

While the crisp air and changing leaves of October have not yet fully kicked in, I still want to take this moment to reflect on a summer filled with energy, connection, and some truly unforgettable moments here at Catta Verdera. From the highly competitive rounds on the course to vibrant evenings on the Terrace and Veranda, our club worked hard to make the most of every sunny day.

Summer 2025 brought record participation across events, with our golf, social, and dining experiences more popular than ever. Thank you to all who made it special, whether as competitors, or smiling faces around the clubhouse.

Now, as fall creeps up on us, we turn the page to some of the most anticipated events of our year.

On the Golf side, we kick off October with our Women's Solheim Cup on the 4th & 5th (Sat/Sun). This event is sure to be a showcase of talent, teamwork, and friendly rivalry. It's always inspiring to watch our ladies of Catta Verdera take to the course with passion and poise. Best of luck to all competing!

Not to be outdone, we have the return of Los Compadres, our second premier Men's Member-Guest tournament. This cherished tradition is more than just a competition, it's a celebration of camaraderie, strategy, and the spirit of Catta Verdera golf. Our team has been hard at work to ensure this year's edition is as memorable as ever.

And finally, we can't talk October golf without mentioning the Club Championship. The title of Club Champion is one of the most coveted honors in any golf community, and we're excited to see who will rise to the occasion this year. Whether you're playing or cheering from the sidelines, the weekend of the 24th-26th promises high-level competition and unmatched excitement.

Off the fairways, our social calendar is equally exciting. Our final Wine Dinner of the season will be held on the 17th. This time we feature ZD Wines for our first time, and it will be an elegant evening of fine cuisine and exquisite pairings. Don't miss this chance to savor incredible vintages and celebrate another successful season with fellow members. I just might have to attend this one myself!

We'll close the month with some spooky fun at our annual Halloween Spooktacular! A festive, family-friendly event that promises tricks, treats, and a few fun frights! Costumes are encouraged, and memories are guaranteed.

As always, thank you for your continued support and enthusiasm. It's your engagement that brings Catta Verdera to life and makes our community so special. I look forward to seeing you around the Club as we enjoy all the fall season has to offer.



[Click Here](#)
to view the Catta Verdera Women's Golfers monthly newsletter from Sasha Macktinger.





Dain Ebright, PGA
Head Golf Professional

Golf Department

FROM YOUR PGA HEAD GOLF PROFESSIONAL

Hello Golfers,

I just returned from a whirlwind trip to Kansas City for a charity Pro-Am. It was an exhausting trip, but I felt honored to be involved. The event was a Folds of Honor charity fundraiser at The National Golf Club of Kansas City. Folds of Honor is a nonprofit organization that provides educational scholarships to the spouses and children of U.S. military members and first responders who have been killed or disabled in the line of duty. Its primary scope is to “Honor Their Sacrifice. Educate Their Legacy”.

My connection to Folds of Honor began a decade ago in La Quinta, and I jump at every chance to support them. This time, I played with three B-2 Spirit Stealth Bomber pilots. Their focus and diligence, even on a lighthearted day of golf, was impressive, but not surprising, given their day jobs.

While observing these pilots’ ability to focus during a fun, party day of golf, I was reminded of the teachings of the leading psychologist in golf, Dr. Bob Rotella. Many of his teachings revolve around maintaining focus when it matters. I’d like to share some of this with you, while adding my own commentary.

Quiet Your Mind: The goal is to eliminate technical swing thoughts, fear, and uncertainty.

- ◆ There is a time for focusing on swing details. That time is on the range. Playing and practicing are quite different in many ways, including our focal points. Once on the course, we must transition into “playing mode,” where we trust our swing and focus on the ball and the target. Don’t get bogged down in mechanics; trust the preparation you’ve done and let the swing happen.

Target Focus: Always have a clear, specific target for your shot and commit to it.

- ◆ If you are indecisive while addressing the ball, stop, back away, and start over. We have a thinking space and a playing space. This “thinking space” occurs when standing behind the ball, choosing your club and your target. Only address the ball when your goals are clear. This is now the “playing space” where you only focus on trusting the swing and accomplishing delivering the ball to the target. Thinking too much while standing over the ball will cause problems during the swing.

Commit to the Shot: Once you have your target and visualization, remain committed to that mental picture and don’t change your mind.

- ◆ Give yourself some credit! Set a specific goal and you may be surprised when you achieve it. Approaching a shot and thinking “I’m not sure where this is going” will cause tentative swings and poor finish position. Poor finish positions rarely produce good shots. Confidence starts with setting a clear goal and challenging yourself to succeed. A wonderfully posed finish position shows confidence in your ability to hit a good shot and admire it during your perfect pose. This could be a chicken vs the egg thing, but it works!

Adopt a Process Goal: Focus on executing your process and playing one shot at a time rather than fixating on the score.

- ◆ You can only control what happens right in front of you, in the moment. We all had that moment when we were playing well, focused on each swing, and then suddenly—we thought about our score. This only leads to dwelling on past mistakes or worrying about the future. Neither of these things help focus on one swing, one ball, one target.

Golf Department

Practice Narrow and Wide Focus: Alternate between intense concentration on the shot (narrow focus) and mentally relaxing between shots (wide focus) to prevent mental fatigue.

✦ This may be where the pilots I played with exhibited the most mental strength. I watched them laugh, tell stories, and make fun of each other—but when it came time to focus on a shot, they instantly became calm, focused and serious. Too often, we get caught up in the fun of the day and make swings with poor preparation or wandering attention. This shift from relaxation to narrow focus and back to relaxation does not come naturally. It takes time and practice to achieve. Before these pilots, I have only observed it in professional and elite amateur athletes. Most golfers either never focus enough or make the mistake of trying to narrowly focus the whole round.

Use Positive Self-Talk: Act as your own positive, motivating friend, focusing on what you want to happen rather than what you don't.

✦ We should congratulate ourselves when we do something well and use positive body language all the time. Part of the post-shot routine (you've heard of the post-shot routine, right?) is to examine what you did well and identify something you could have done better.

Playing with these pilots gave me a new sense of the importance of focus when competing. They did not have perfect swings, in fact a few of their swings were darn ugly, but they scored better than their apparent ability due to their proper application and understanding of focus.

Next time you're out there, try choosing one of these areas to work on. A small mental shift can lead to big results.

See you on the course!

AN EVENING TO SAVOR WITH ZD

We are thrilled to invite you to a truly special evening as we host our final Wine Dinner of the season on Thursday, October 17th, featuring the renowned ZD Wines, one of Napa Valley's most respected and sustainably driven wineries.

This exclusive event will showcase a thoughtfully curated five-course menu by Executive Chef Keelan Glenn, each dish expertly paired with premium selections from ZD's award-winning portfolio. Known for their expressive, award-winning Chardonnays, structured Cabernets, and amazing Pinots, ZD Wines bring a vibrant history and a commitment to quality that perfectly complements the culinary excellence of Catta Verdera.

We are closing out our Wine Paired Series of 2025, and this evening promises fine wine, delicious food, and engaging conversation with fellow members and wine lovers.

Not to mention, Mr. Brett Deleuze from ZD will be here himself to discuss all details that go in to making his amazing wines.

Menu selections are coming soon, but go to Fore Tees to save your spot now.





Kyle Hundley
Director of F&B

Food & Beverage

FROM YOUR DIRECTOR OF F&B

After three and a half years, and more newsletters than I can count, I can hardly believe I'm sitting down to write my last one. This time, instead of sharing events and updates, I want to use this space for something more important: saying thank you.

I've had the privilege of working alongside an incredible Food & Beverage team. From weddings and wine dinners to the everyday work in Quixote's, they've poured their heart into creating experiences for all of you, and I couldn't be prouder to have led them all. To my management team, Christina, Alex, and Vanessa, thank you for your dedication, partnership, and support. Working with each of them has been one of the many highlights of my time here. To Clint, thank you for your trust and steady leadership. To Jeff Wilson and Wilson Golf Management, thank you for your continued investment in its success. And of course, to all of our members, you are what makes this club special. Your energy, generosity, and enthusiasm for everything from wine dinners to holiday parties are what turn events into memories. It has been my absolute privilege to help bring those moments to life with you.

As I close out my time here, I leave with deep gratitude for the support, the laughter, and the many connections I've made. Catta Verdera is a remarkable place, and I look forward to watching it continue to thrive in the years ahead.

Thank you for everything. And for the last time, see you at the club.

With appreciation,

Kyle Hundley



UPCOMING EVENTS IN OCTOBER

◆ **Ladies Night** – Wednesday, October 1st

Join us for a fun evening of Bunco, cocktails, and camaraderie. A lighthearted way to start the month.

◆ **Thurs-Date** – Thursday, October 9th

An intimate dinner experience, perfect for couples or small groups. Enjoy a beautifully curated multi-course menu in a cozy setting.

◆ **ZD Wine Dinner** – Friday, October 17th

An elegant night featuring the celebrated wines of ZD, paired with a chef-crafted menu. A true fine dining experience.

◆ **Cigars and Bourbon** – Friday, October 24th

Relax under the stars with premium cigars and expertly paired bourbons. A night designed for indulgence and conversation.

◆ **Kids Halloween Movie Night** – Friday, October 31st

Bring the kids for games, candy, and a big screen Halloween movie. A festive way to celebrate the holiday together at the club.



ADVISORY COMMITTEE – NEWS & NOTES

Our September meeting may have set a record for the fastest in history (At least since I have been here). Even though we covered many topics in a short amount of time, there was still plenty of valuable input from our AC Members.

Here are few of the big items that were discussed in September's meeting:

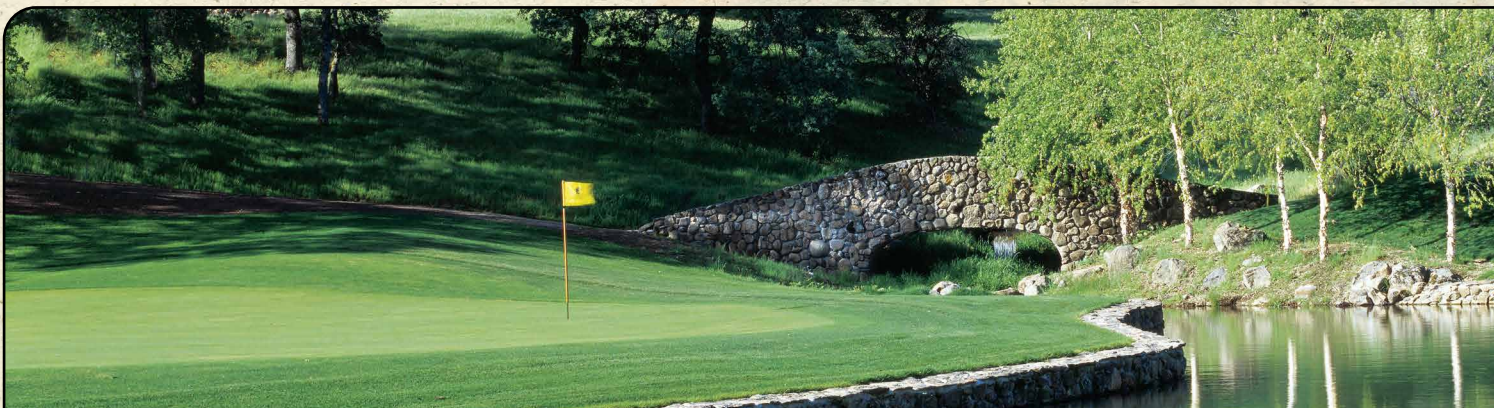
- ◆ Rake Placement in our Bunkers: This topic was also included in the following Weekly GM Notes to help everyone understand what is expected when finished raking a bunker.
- ◆ We also discussed the addition of more rakes for the larger bunkers.
- ◆ Staff Updates: In the Golf Shop we discussed the opportunity of bringing in another Assistant Professional to fill the gap left by Blake's departure. We also discussed the enlisting of a recruiting company to start our nationwide search to fill the position of Director of F&B with Kyle leaving us to take on a new role at a mid-town restaurant. (much more to come on this)
- ◆ Consistency of service in Quixote's was discussed and will be a main point of focus for the new leader in this department.
- ◆ Dress Code discussions continued related to women's Sport Dresses without collars. Until further notice, these are still unacceptable as all sleeveless golf attire must have a collar.

As always, I encourage everyone to communicate with our committee members to gain even more details related to all topics discussed in prior meetings. I also remind everyone that if you have a topic that you feel needs to be added to our agenda, email me or a member of our Advisory Committee so that it can be included in our discussions.

2025-2026 Committee Members:

- | | |
|-----------------|--------------------|
| ◆ Ellen Grivna | ◆ Sasha Macktinger |
| ◆ Sean Harrigan | ◆ Matt Morgan |
| ◆ Dena Lumbirt | ◆ Kris Palmer |

Email contacts for each Advisory Committee Member can be found on our Member's Website Page under the "Committee" tab.





T.J. Orban, PGA
Director of Instruction

FROM YOUR PGA DIRECTOR OF INSTRUCTION

Better Putting Only Costs a Cent!

Too many times on the putting green, we miss putts we should make and we don't know why. One huge factor that can cause missed putts is when the head moves during the putting stroke. This typically happens during the downswing/follow through portion of the stroke, which can cause you to push or pull putts, as well as hit the putt with a different speed than you intended to.

Here is a simple drill that will train you to stay still and down, and hopefully result in better strokes and more made putts.

First, take a penny, place it on the green heads side up, then place your ball on top of the penny. Line up the putt, address the ball, then make your stroke. Your job in this drill is simply to not look up for your ball until you see President Lincoln's head on the penny. Your head will stay still longer in the stroke, allowing you to make a proper release without "coming out" of the stroke too early. You should be able to hold your line better and hit your putts with truer speed, resulting in more quality putts, and hopefully, more makes, especially on shorter length putts.

Here's to strokes gained on the green!

To book a lesson with T.J. contact him at torban@cattaverdera.com

THE LESSON VAULT – WITH PGA PROFESSIONAL FRANKLYN RICHARDS

Franklyn continues to help golfers around the world with his unlimited knowledge of the golf swing. As you watch these stories from Franklyn's very own YouTube channel, don't forget to send him a question about your swing, and begin to play better golf immediately.

This month we dig deep into the Vault to see a number of shorts from Franklyn, focusing on CHIPPING. To view the playlist, click [HERE](#).

To schedule a lesson with Franklyn here at Catta Verdera, please email him at britishpga@gmail.com or call the Golf Shop at 916.645.7200



Friendly Reminder...



RESPECTING ONE'S PROPERTY IN OUR CLUB AND COMMUNITY

Golf courses are unique environments that blend recreation with private property. Many golf holes here at Catta are lined with private homes. Many of these homes can come into play. While it might be tempting to step into someone's yard to retrieve a ball or take a shortcut, doing so is both inappropriate and disrespectful. Here are some reminders of why staying out of people's yards on a golf course is important and proper etiquette.

1. Respect for Private Property

A homeowner's yard, even if it borders a golf hole, is private property. Just because it's adjacent to a fairway doesn't mean it's open to traffic. Walking into someone's yard without permission, even briefly, is trespassing. Homeowners expect the same respect for their property as anyone else would, whether they live next to our golf course or not.

2. Safety and Liability Concerns

When golfers enter private property, it creates a risk for both parties. Homeowners may have pets, children, or obstacles like uneven ground, pools, or garden tools that pose safety hazards. If a golfer were to get injured on private property, it could lead to legal complications for both the homeowner and our Club.

3. It's Against Golf Etiquette (and Often the Rules)

Proper golf etiquette includes respecting the environment, fellow players, and the people around the course. Most golf courses clearly instruct players not to enter private property. In many cases, the course rules explicitly prohibit it. Ignoring these rules is considered bad form and can result in warnings or even disciplinary actions.

4. There Are Better Alternatives

If your ball ends up in someone's yard, it's usually best to treat it as lost or out of bounds and take a drop with a penalty stroke, as the rules of golf allow. It's always a better choice than invading someone's personal space.

5. Consider the Homeowner's Perspective

Imagine relaxing in your backyard only to have uninvited members walking through, looking for golf balls or cutting across your lawn. It can feel invasive, unsettling, and disrespectful. Just as you wouldn't want someone wandering through your yard at home, others deserve that same respect, especially in a space meant to be private.

6. Respect Goes Both Ways

While we expect our golfers to respect these practices, we should know that these policies apply to the homeowner as well. Homeowners should not feel it is appropriate to venture onto the property of the Club without permission either. This can interfere with member play, course maintenance, and pose a hazard to all involved.

In Conclusion,

Golf is a sport built on integrity, respect, and etiquette. Staying out of people's yards on our golf course is not just a matter of courtesy, it's about respecting boundaries, safety, and the shared enjoyment of the game. The next time your shot goes wide, remember: it's just a ball. The game can be played with grace and dignity without crossing into places you don't belong.





HAPPY OCTOBER BIRTHDAYS!

Please join us in wishing our members a Happy Birthday!

Chad Ammon

Christian Baldree

Sam Baldwin

Gurvinderjit Bhullar

Christopher Boden

Trey Brandt

Shawn Burton

Lea Callison

Tyler Callison

Jeff Carlin

Andrew Chapman

Bailey Chapman

Oscar Chiarella

Dane Clawson

Cory R Coggins

Willene Colley

Grant DeMos

Darrin Dennings

Lee Domanico

Eric Ellis

Steve Elston

Jon Erickson

Jacob Finley

Alexis Grilione

Robbie Gustavis

Julie Guth

Thomas W Harris

Marc Howse

Ayla Hudson

Lyle Innocent

Jay Karafa

Danielle Koepke

Mark Kramer

Bob Leppek

Virgina Manss

Eddie Maria

Ryan Martin

Cameron McClure

Kirk Moffitt

John F Murnane Jr

Heather Nethaway

John Noakes

Lynn Poole

Jasmine Purscell

Regan Reitter

Blake Richie

Andy Ruggles

Carlos Scholz

Emily Scholz

Sebastian Scholz

Dorothy Scott

Ryan Shewry

Nicole Strombom

Alan Telford

Eilene Troncatty

Dana Vasko

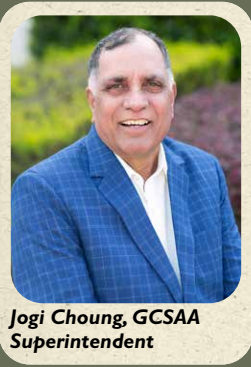
Thomas Wolfe

Micah Woong

Cynthia Wylie

Count not the candles...see the lights they give.
Count not the years, but the life you live.





FROM YOUR GCSAA COURSE SUPERINTENDENT

I am excited to share some excellent progress on several course improvement projects that have taken shape over the past few weeks. Thank you to all of our members for your patience and support as we continue to invest in the quality and playability of your golf experience.

We're pleased to report that our recent use of the Dry-Ject aerification process was a tremendous success. This technique allowed us to simultaneously relieve compaction and amend our rootzones with sand, all without pulling cores or disrupting play for an extended period. As a result, our greens are healing incredibly quickly, with minimal surface disruption and improved firmness and consistency already being felt.

When speaking to so many of you on the course, your feedback has been overwhelmingly positive, and I am confident that this modern approach will continue to pay dividends in both playability and long-term turf health.

This year's overseeding process has also shown exceptional results. Once again, we opted to use a much higher-grade (more expensive), and more resilient seed blend, selected for its rich color, density, and tolerance to varied conditions. The early returns will definitely speak for themselves. The course is already setting up beautifully for the cooler months ahead. We're thrilled with the improved aesthetics and playability and believe this substantial investment will continue to enhance your experiences through the fall and winter seasons.

Lastly, a quick but important operational note: On or around October 14th, the county will once again be temporarily shutting off irrigation water to our golf course. While we are taking all necessary steps to prepare in advance, including pre-watering and managing irrigation cycles, we appreciate your understanding should any temporary dryness be noticeable in the following days.

As always, sand your divots, rake your bunkers, and fix multiple ball marks.

October 2025

SUN	MON	TUE	WED	THU	FRI	SAT
		Club Closed	1 Ladies' Night in Madelena's Men's Guest Day	2 TUNES on the Terrace	3	4 Women's Solheim Cup
5 Women's Solheim Cup	6	7	8	9 TUNES on the Terrace Thurs-Dates in Madelena's	10 Los Compadres	11 Los Compadres
12	13	14 Advisory Committee	15	16 TUNES on the Terrace Women's Boo Shoot	17 Wine Dinner featuring ZD Wines	18
19	20	21	22	23 TUNES on the Terrace	24 Cigars & Bourbon Night	25
26	27	28	29	30	31 Halloween Family Fun Night	

Coming in November...

- Sunday, November 2nd
Daylight Savings Time Ends
- Wednesday, November 5th
Ladies' Night in Madelena's
- Friday, November 7th
Men's Member/Member Rd 1
- Saturday, November 8th
Men's Member/Member Rd 2
- Tuesday, November 11th
**Veteran's Day
Advisory Committee**
- Thursday, November 13th
Thurs-Dates
- Saturday, November 15th
Women's Club Saturday Golf
- Wednesday, November 19th
Catta Book Club
- Thursday, November 20th
Women's Club Turkey Shoot
- Friday, November 21st
Comedy Night at Catta
- Thursday, November 27th
Thanksgiving Dinners To-Go



**CATTA
VERDERA**
COUNTRY CLUB
Where everyone wants to be.

PHONE NUMBERS

- Clubhouse 916.645.7200
- Fax 916.645.6729
- Membership 916.645.6745
- Events 916.645.6722
- Quixote's 916.645.6742