



# Catta Talk

CATTA VERDERA COUNTRY CLUB

NOVEMBER 2025



*Clint Bassett, PGA  
General Manager*

FROM YOUR PGA GENERAL MANAGER

Hello Catta Members,

As we enjoy the great weather that fall in Northern California is famous for, I'm reminded how special this time of year is at Catta Verdera. The cooler months bring a unique energy to the Club as we welcome in the season of celebration, reflection, and preparation for the exciting year ahead.

With 2025 winding down, our events calendar is loaded with opportunities to celebrate the season with family and friends. From festive dining experiences and themed social gatherings, to our cherished holiday parties, and New Year's festivities, there's something for everyone to enjoy. Our team has been hard at work crafting memorable experiences that showcase the warmth and camaraderie that make Catta Verdera truly exceptional. So, with that in mind, we encourage everyone to reserve your spots early as these events tend to fill quickly, and we don't want anyone to miss out!

This year has also been an exciting one for membership. We've seen strong growth across all categories, a testament to the exceptional experience our team and membership community create each day. Equally important, our retention remains a point of pride as members are staying, engaging, and helping us continue to strengthen the Catta Verdera family.

As we head into 2026, our focus will remain on deepening member satisfaction through enhanced communication, upgraded amenities, and personalized service that reflects the best of the private club experience.

While we continue to enjoy the successes of today, we are also setting our sights firmly on the future. Preliminary work has begun on our long-term strategic plan, a roadmap designed to guide Catta Verdera through 2026 and beyond. This initiative will help ensure that our facilities, programs, and services continue to evolve in alignment with member expectations and industry trends.

It is important to point out that Member feedback is vital in this process. In the coming weeks, we'll invite input from across the membership through our Annual Member Survey to help shape a shared vision for the next chapter of Catta Verdera's growth.

As always, thank you for your continued support, enthusiasm, and pride in our Club. Together, we'll make this winter season one to remember and set the stage for a bright and inspired future at Catta Verdera Country Club.



[Click Here](#)

to view the Catta Verdera Women's Golfers monthly newsletter from Sasha Macktinger.





Dain Ebricht, PGA  
Head Golf Professional

## Golf Department

FROM YOUR PGA HEAD GOLF PROFESSIONAL

Last month, I made suggestions on how to shift our focus from practicing to the golf course. Now that we are through the Club Championship, I'm sure many of you made swings you've never seen before, and found interesting parts of the golf course during the three days of championship play! In honor of this, I'd like to discuss playing with fear, as well as how other golfers affect our performance.

The best advice I've encountered on this subject was from Dr. Gio Valiante, the author of *Fearless Golf: Conquering the Mental Game*. (No, I'm not making this up. A man with the last name "Valiante" authored a book on being fearless!)

Valiante explained that fear can manifest itself through weak, decelerating, "hold-on" type swings. The solution is as simple as training yourself to get to a full finish and then hold that finish position. One of the cornerstones of my coaching is to teach the importance of a full, proper finish position that is held while watching the ball's flight. My reasoning is that striving for an end position frees us from trying to control the mid-swing positions. This also teaches proper balance as well as body sequencing. When having difficulties on the course, I ask students to focus on tempo and a full finish.

Fear can also be tamed by having a repeatable routine and a simple goal. Tiger Woods once explained, "*All I do is stay in my same routine. Even though I have certain putts that are bigger than others, you never see me out of my rhythm. I always stay at the same pace, do everything the same. So, what I did the first hole today and the last hole today is exactly the same. There's no change. I think that's probably one of the biggest keys. That's what Nicklaus was good at. You could time him. Every routine he had was exactly the same.*"

This ability to treat every shot the same can lessen the stress of big moments. I see this often when golfers have a short putt. Golfers often rush the pre-shot process on short putts, resulting in poor body alignment or poor tempo. Not only should the pre-shot routine be the same regardless of putt length, but the duration of the stroke should be as well.

*What about the other players in your foursome? How did their play affect you?*

The more we focus on others' play, the more reactive we become to it. Dr. Valiante advised, "*You cannot play your best golf if your mind is preoccupied with thinking about other golfers. To play your best golf, your mind has to be focused exclusively on hitting shots at precise targets.*" This ties in with other advice regarding focus, but the goal is the same: the only thing you can control is the shot you are about to hit, so that is the only thing worth thinking about.

But it gets more complicated. What if we start reacting to how the others are playing? Valiante explains, "*When we root our confidence in the performances of other golfers, what we are in a sense doing is giving them control of our confidence. If our opponent hits a good shot, our confidence may suffer a blow. If he hits a bad shot, we may feel more confident... our confidence begins to look like a NASDAQ stock ticker... all based on factors over which we have no control... Rather, golf progress should always be measured against self-set goals and self-set expectations.*"

Assume your opponent is going to make that putt, but don't get excited when he misses.

In summary, fear and distraction are part of competition, but both can be managed through a consistent routine, a full finish, and focusing only on what you can control. The more you stay centered on your own process, the freer, and better, your golf will become.

See you on the course!

# Congratulations!



## PLEASE WELCOME OUR NEWEST CHAMPIONS!

The 2025 Catta Verdera Club Championship concluded after three exciting days of competition that showcased the exceptional talent and sportsmanship of our members. Nearly 70 participants faced challenging conditions with a little taste of rain on Round 2, and displayed remarkable consistency and composure throughout.

In the end, two outstanding players rose to the top of the leaderboard, and it gives me great honor to recognize:

- ◆ Katie Moratto as our 2025 Women's Club Champion
- ◆ Eric Morgan as our 2025 Men's Club Champion.

Both competitors demonstrated skill, focus, and determination in earning their well-deserved titles. Catta Verdera extends its warmest congratulations to our newest Club Champions Katie and Eric on their achievements.





*Hillary Bamont*  
Director of F&B

## Food & Beverage

FROM YOUR DIRECTOR OF F&B

I would like to extend my sincere gratitude for the warm welcome I've received since joining the Catta Verdera team as your new Food & Beverage Director. It has been a pleasure meeting many of you already and I am truly excited to be a part of such a gracious and vibrant member community.

My goal is to continue building upon the outstanding social experiences that make Catta Verdera so special, while introducing new ideas and offerings that reflect your feedback and enhance every visit.

I am a very big advocate of creating reasons to gather, and I am excited to share my expertise with our team in bringing more member events to the club. Some of the ideas I have in the works are as follows:

- ◆ An annual themed event with a live band that accompanies the theme and great food offerings for our members. We will build upon this each year with a different theme!
- ◆ Game Day Food & Drink Specials every Sunday so you can enjoy the games in Quixote's! Each week starting Sunday, November 2nd we will feature fun game day inspired menu items from 10:30am – 6pm. These Sunday specials will be in addition to the weekly specials offered.
- ◆ Family Nights that include themed buffets such as Italian, BBQ, Asian, Mexican, Mediterranean, Burger, and many more. These will be designed for families, friends or couples to enjoy a night out at a reasonable price during a dedicated weeknight.
- ◆ Revamping menu offerings to include light bites and fresh ingredients.
- ◆ Expanding "Thurs-dates" that might include a simultaneous movie night for kids so parents can enjoy a quiet dinner in Madalena's while the kids are entertained!

I want everyone to know that my door is always open, and I welcome feedback and suggestions, because that's what makes us better as a club. I look forward to getting to know each of you, whether over a casual lunch, a special event, or simply a conversation at the club.

Now, to get us started, here is a list of all that is to come here at Catta:

- ◆ **Sunday, November 2nd** is the "Catta" Lina Wine Mixer! We have several wineries participating and this day will be a perfect time to stock up on wines for holiday gifts and entertaining! Make sure to register on Foretees if you haven't done so already. We are filling up quickly!
- ◆ **Sunday, November 9th:** Brunch Bingo - Register now on ForeTees!
- ◆ **Friday, November 21st:** Comedy Night Featuring Steph Clark of Funny Girl Entertainment along with Headliner Cash Levy. Registration will open on Friday, November 7th.
- ◆ **Thursday, November 27th:** Thanksgiving: Pre-orders for Thanksgiving To-Go Dinners will be available on ForeTees by November 2nd!

Thank you again to everyone for such a warm welcome - Mangiamo and Ejja Nieklu!  
(That's "Let's Eat!" In Italian and Maltese).





## **ADVISORY COMMITTEE – NEWS & NOTES**

This month our Catta Verdera Advisory Committee will hold its final meeting of the year. This gathering marks both a celebration of what has been achieved, and a moment of transition as we bid farewell to three valued members who have completed their two-year term-of-service.

Over the past two years, the Advisory Committee has worked closely with club management and members to enhance the Catta Verdera experience in meaningful ways. Highlights of this term include improvements to course conditions and clubhouse amenities, expanded member events, and strengthened communication between members and club leadership. Through their collaboration and dedication, the committee has helped ensure that Catta Verdera continues to thrive as a premier club and community.

I would like to take this opportunity to thank Dena Lumbirt, Matt Morgan, and Kris Palmer for their commitment and contributions. We also look ahead with excitement as the selection process for three new Advisory Committee members is already underway. We look forward to welcoming fresh perspectives and ideas over the next two years. Together, we will continue to build on the strong foundation established over the past term, ensuring that 2026 is another year of progress, engagement, and enjoyment for all members. Please join me in expressing gratitude to our outgoing members for their time, insight, and service.

And now, a summary of what was discussed in October's meeting:

- ◆ Alcohol Consumption at Club Events and the behavior it promotes was addressed. The committee agreed that certain controls may need to be implemented.
- ◆ Organizational Structure at the club was a topic, and an outline will be provided to all members in the coming weeks.
- ◆ Overwhelming support of our new Outside Golf Staff and how engaging they have been.
- ◆ High praise for the conditions of the golf course and the job the Team has done.
- ◆ Options of improving lighting around the clubhouse and the entry road.
- ◆ Continued discussion on how to reduce water bottle usage, and add ice makers, or water bottle filling stations to our on-course restrooms.
- ◆ Increased visibility of on-course staff and their primary function.

### **2026 Committee Members:**

- ◆ Ellen Grivna
- ◆ Sean Harrigan
- ◆ Sasha Macktinger

Email contacts for each Advisory Committee Member can be found on our Member's Website Page under the "Committee" tab.



# Instruction

FROM YOUR PGA DIRECTOR OF INSTRUCTION



T.J. Orban, PGA  
Director of Instruction

Open shoulders? Try this to get some Closure!

Picture this: You're on the golf course, it's a beautiful day, you step up to the first tee, and WHACK! You smash a drive, high and long. The only problem is it's 50 yards right of your target and fading more. You tee up another one, and WHACK! Another solidly hit golf shot. This one, however, starts 30 yards left of your target and hooks OB. You're thinking to yourself how long of a day it's going to be, and you're asking why those two shots happened. If this is you, I've got a small tweak for you to try out.

When approaching the ball, most players place the club in their dominant hand (usually right for righties, left for lefties). When you do this, it can cause your shoulders to open up to the rest of your setup, which can alter your club's path to make it more "out-to-in" than you had planned. This causes your club to cut across the ball, and, depending on your clubface, can result in a big slice or an even bigger pull-hook.

Instead, as you approach the ball, have the club gripped in your lead hand (left hand for righties, right hand for lefties). Make your address and aim with the club in that hand, then place your trail hand on the club. What you'll notice is that your shoulders feel much more "closed" than they did before. A quick alignment check of placing the golf club across your shoulder line pointing towards your target just might reveal that you're now much more on the target line than you were before.

This little change can alter your club's path by a lot more than you think, and can help you hit the ball more squarely, more solidly, and most important, more on-target.

To book a lesson with T.J. contact him at [torban@cattaverdera.com](mailto:torban@cattaverdera.com)

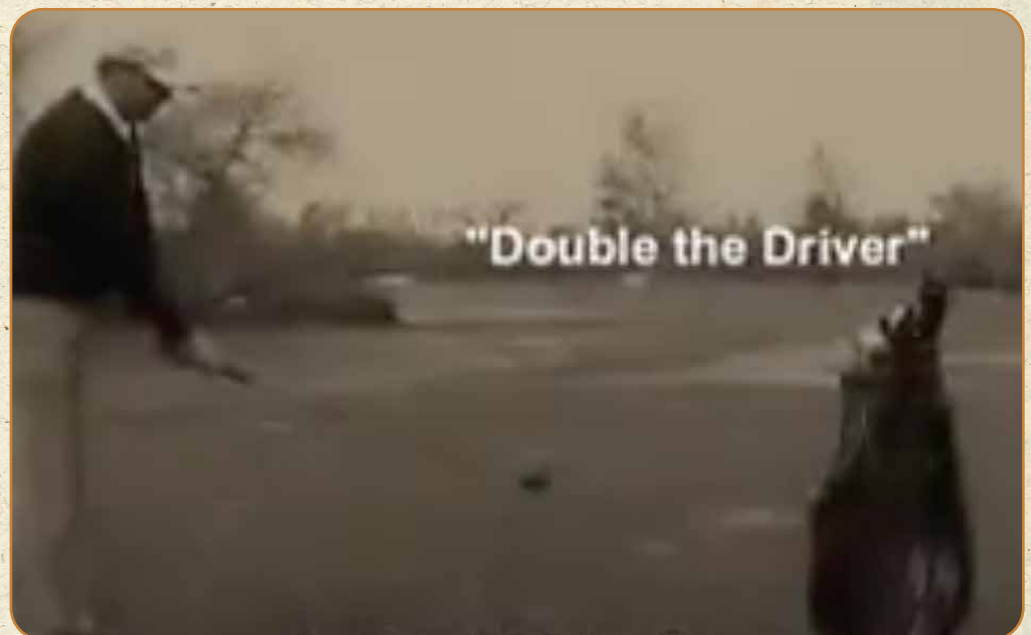
---

## THE LESSON VAULT – WITH PGA PROFESSIONAL FRANKLYN RICHARDS

Franklyn continues to help golfers around the world with his unlimited knowledge of the golf swing. As you watch these stories from Franklyn's very own YouTube channel, don't forget to send him a question about your swing, and begin to play better golf immediately.

This month, Franklyn offers ten shorts focusing on STANCE FEATURES. To view the playlist, click [HERE](#).

To schedule a lesson with Franklyn here at Catta Verdera, please email him at [britishpga@gmail.com](mailto:britishpga@gmail.com) or call the Golf Shop at 916.645.7200





## **HAPPY NOVEMBER BIRTHDAYS!**

*Please join us in wishing our members a Happy Birthday!*

Wanda Alvi	Rehar Bhullar	Lincoln DeMos	Andrew J Hamer
David Laukat	Randall Metzgar	Scott Schuhwerk	Preslie White
Mark Angel	Paul Bolton	Ava Dunn	John Harmon
Timothy LaVoie	Reef Metzgar	Diljeet - DJ Sekhon	Ellison Williams
Brian Ashby	Chris Bradford	Nichole Dupre	Andrew Kelley
Sonia Lugo	Chris Moore	Dane Sincere	Austin Willis
Kasey Avery	Collin Brown	Mark Eklund	Gregory J Kelly
Michael Maia	Jessika Myers	Teresa Sousa	Autumn Willis
Angela Baker	Richard Burton	Devin Ferryman	Kami Keszler
Donna Maria	Philip Nemeth	Mike Streich	Alex Witt
Kevin Baker	Tom Callison	Michael Goater	Ronald Kimball
Anthony Martinez	Tami Perrine	Christine Tennant	Patricia C Woerner
Hannah Basquez	Jeremy Collins	Nicole Granquist	Paulette Kraft
Martina Mason	Jason Primes	Wyatt Tucker	Damon Wong
Connor Bell	Caroline Connors	Douglas Grant	John Lacey
Zaia McGillivray	Maureen Prindiville	Gianna Vecchioli	Johnny A Wynne
Jax Beloberk	Candice Copeland	Mackenzie Gray	
Jennifer Mckernan	Grace Romani	Harlow Vestal	

Age is an issue of mind over matter.  
If you don't mind, it doesn't matter.





**Jogi Choung, GCSAA Superintendent**

**FROM YOUR GCSAA COURSE SUPERINTENDENT**

The maintenance team and I are wrapping up another busy stretch of work around the course and we're excited to share some updates with you!

I will first start with our Irrigation System and the Annual Water Shutoff

Each year, the City of Lincoln performs essential repairs and maintenance on the water system that supplies not only our irrigation, but areas as far away as Turkey Creek, and Lincoln Hills. During this annual shutoff period, our team carefully manages moisture levels to protect turf health and ensure the course remains in great condition. While water use is temporarily restricted, our planning and conservation strategies help us make the most out of every drop we have in our ponds until service resumes. I will add that the recent rain didn't hurt either.

Another item you may have noticed is the remarkable recovery of our fairways and greens following this fall's Dryject and overseed program. Thanks again to favorable weather, consistent care, an expanded budget, and a lot of hard work from our maintenance crew, the turf has rebounded beautifully and is greener, denser, and healthier than ever. These efforts have set us up for excellent playing conditions through the winter and into spring.

We're also enhancing the course's look and function with the installation of new split-rail fencing in key areas. These additions not only improve safety and aesthetics, but also help define play boundaries and protect sensitive landscaping.

Keep an eye out for a few other surprise beautification projects popping up around the property as well. From fresh landscaping accents to subtle design touches near tees and greens, these small upgrades are all part of our ongoing commitment to making the course as enjoyable and visually appealing as possible.

My team and I take great pride in maintaining a course that our members and guests can enjoy year-round. We're grateful for your continued support, patience, and feedback as we keep improving the experience for everyone who plays.

## November 2025

SUN	MON	TUE	WED	THU	FRI	SAT
2 Catta-Lina Wine Mixer	3	4	5 Ladies' Night in Madelena's	6	7 Men's Member/ Member Rd 1	8 Men's Member/ Member Rd 2
9 BRUNCH B E N G O	10	11 Veteran's Day	12	13 Thurs-Dates in Madelena's	14	15 Women's Club Saturday Golf
16	17	18 Advisory Committee	19 Catta Book Club	20 Women's Turkey Shoot	21 Comedy Night at Catta	22
23	24	25	26	27 Thanksgiving To-Go Dinners	28	29
30	31					

*Coming in December...*

- Wednesday, December 3rd  
**Ladies' Night in Madelena's**
- Thursday, December 4th  
**Thurs-Dates**
- Friday, December 5th  
**Men's Club Friday Golf**
- Thursday, December 11th  
**Women's Club Holiday Party**
- Friday, December 12th  
**Men's Club Holiday Party**
- Wednesday, December 24th  
**Christmas Eve Dinners To-Go**
- Thursday, December 25th  
**Christmas Day - Club Closed**
- Wednesday, December 31st  
**NYE Party at the Club**



**CATTA VERDERA**  
COUNTRY CLUB  
Where everyone wants to be.

**PHONE NUMBERS**

- Clubhouse** 916.645.7200
- Fax** 916.645.6729
- Membership** 916.645.6745
- Events** 916.645.6722
- Quixote's** 916.645.6742



CATTA VERDERA PRESENTS

# Thurs-Date

Thursday, November 13, 2025

5:30pm Doors Open

6:00pm Dinner

\$125 (Inclusive) Per Couple

Includes a 4 Course Dinner + a Bottle of Wine

## Appetizer

Panko-Crusted Chili Pepper Rock Cod Medallion with  
Remoulade, Chive, & Caviar

## Salad

Apple Hill Salad with Gala Apples, Celery, Gorgonzola,  
Red Flame Grapes, Candied Pecans,  
& Honey Poppyseed Vinaigrette

## Entrée Choices

Herb-Marinated Skirt Steak with Saffron Rice,  
Roasted Broccolini, & Bordelaise

OR

Shrimp and Grits with Pacific Shrimp, Cheese Stoneground Grits,  
Roasted Broccolini, Blackened Beurre Blanc, & Chive

OR

Mushroom Bourguignon with Vegan Mashed Potatoes,  
Roasted Broccolini, & Wine Reduction

## Dessert

Sweet Potato Maple Cheesecake with Cinnamon  
Crème Anglaise

RSVP ON FORETEES | 48-HOUR CANCELLATION